

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Pulled BBQ Chicken—2 oz. Wheat Bun—1 serving Roasted Potatoes—1/2 cup (FR) Apple—1 each (FR) Skim Milk—8 fl. oz.</p>	<p>4 Chicken Soft Tacos—2 oz. WG Tortilla—1 serving Lettuce/Tomato Salad—1 cup (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>5 Grilled Chicken Salad - chicken 2 oz., salad 1 cup (FR) WG Roll—1 each Grapes—1/2 cup (FR) Skim Milk—8 fl. oz.</p>	<p>6 BBQ Meatballs—3 oz. WG Bread Stick—1 each Corn on the Cob—4 oz. (FZ) Sliced Cantaloupe—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>7 Chicken Alfredo—2 oz. WG Penne Pasta—2 oz Garlic Bread—1 each Garden Salad—1 cup (FR) Banana—1 each (FR) Skim Milk—8 fl. oz</p>
<p>10 Grilled Chicken Nuggets (2.6oz) BBQ Sauce Dipping Cup WG Cinnamon Grahams (1oz) Welch's Fruit Snacks (.9oz) Apple - 1 each (FR) 100% Juice Capri Sun Juice - 6oz Skim Milk—8 fl. oz.</p>	<p>11 Roast Turkey- 2oz Sandwich on Wheat - (2sl) Carrot Sticks - 2oz (FR) w/ Ranch Dipping Cup, Welch's Fruit Snack- .9oz 100% Juice Capri Sun Juice - 6oz Skim Milk—8 fl. oz.</p>	<p>12 Smoked Turkey Ham- 2oz Sandwich on Wheat- 2sl WG Goldfish Crackers- .75oz Apple Slices- 2oz (FR) 100% Juice Capri Sun Juice - 6oz Skim Milk—8 fl. oz.</p>	<p>13 Roast Turkey &amp; Cheese - 2.4 oz Wrap (1 each) WG Cheezit Crackers - .75oz Strawberry Gogurt - 2 oz. Apple - 1 each (FR) 100% Juice Capri Sun Juice - 6 oz Skim Milk—8 fl. oz.</p>	<p>14 Grilled Chicken- 2.8oz Wheat Bun - 1 each WG Pretzel Twists -.5oz Applesauce Cup - 1/2 cup 100% Juice Capri Sun Juice - 6oz Skim Milk—8 fl. oz.</p>
<p>17 Buffalo Chicken Sandwich - 2 oz. WG Wheat Bun - 1 each Roasted Potatoes - 1/2 c (FR) Orange- 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>18 Beef Nachos—3 oz. WG Tortilla Chips—1 oz. Lettuce &amp; Tomato Salad— 1/2 c (FR) Pineapple - 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>19 BBQ Chicken—1 thigh WG Honey Roll—1 each Green Beans— 1/2 c (FZ) Watermelon-4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>20 Cheeseburger—2 oz. WG Bun—1 each Garden Salad—1/2 cup (FR) Strawberries—1/2 cup. (FR) Skim Milk—8 fl. oz.</p>	<p>21 Meatball Sub—2 oz. WG Bun—1 each Banana— 1 each (FR) Fresh Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>
<p>24 Baked Chicken—1 thigh WG Honey Roll—1 each Green Beans— 1/2 c. (FZ) Mandarin Oranges— 1/2 c (CN) Skim Milk—8 fl. oz.</p>	<p>25 Beef Fajitas—4 oz. WG Tortilla—1 each Garden Salad— 1/2 c. (FR) Apple—1 each (FR) Skim Milk—8 fl. oz.</p>	<p>26 Fried Chicken - 3 oz. WG Pasta Salad - 3 oz. Corn - 1/2 c. (FZ) Cantaloupe - 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>27 Grilled Chicken Lasagna—4 oz. WG Honey Roll—1 each Garden Salad— 1/2 c (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>28 Beef Nachos—3 oz. WG Tortilla Chips—1 oz. Watermelon - 4 oz. (FR) Grapes- 1/2 cup (FR) Skim Milk—8 fl. oz.</p>

June