

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Beef Nacho's - 3 oz. Tortilla Chips - 1 oz. Lettuce/Tomato Salad - 1 cup (FR) Orange - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>3 Fried Chicken - 3 oz. Mac N Cheese - 3 oz. Corn - ½ c. (FZ) Grapes - ½ cup (FR) Skim Milk - 8 fl. oz.</p>	<p>4 Cheeseburger - 2 oz. WG Bun - 1 each Potato Wedges - 1/2 cup (FR) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>5 Beef Soft Tacos - 2 oz. WG Tortilla - 2 each Lettuce/Tomato Salad - 1 cup (FR) Watermelon - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>6 BBQ Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - ½ c (FZ) Cantaloupe - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>
<p>9 Pulled BBQ Chicken - 2 oz. Wheat Bun - 1 serving Potato Wedges - ½ cup (FR) Apple - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>10 Chicken Soft Tacos - 2 oz. WG Tortilla - 1 serving Lettuce/Tomato Salad - 1 cup (FR) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>11 Grilled Chicken Salad - chicken 2 oz., salad 1 cup (FR) WG Roll - 1 each Grapes - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>12 Buffalo Chicken Enchilada Dip - 1/2 cup WG Tortilla Chips - 1 oz Corn Salad - 1/2 cup (FZ) Sliced Cantaloupe - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>13 Cheese Pizza - 2 slices Vegetable Juice - 4 fl. oz. Apple - 1 each (FR) Skim Milk - 8 fl. oz.</p>
<p>16 Buffalo Chicken Sandwich - 2 oz. WG Wheat Bun - 1 each Baked Potato - 1 each (FR) Grapes - ½ cup. (FR) Skim Milk - 8 fl. oz.</p>	<p>17 WG Spaghetti - ½ cup Beef Meat Sauce - ½ cup Broccoli & Cheese - ½ cup (FZ) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>18 Lemon Pepper Chicken - 1 thigh WG Brown Rice - ½ cup Tomato Cucumber Salad - ½ Cup (FR) Banana - 1 Each (FR) Skim Milk - 8 fl. oz.</p>	<p>19 Chicken Queso - 4 oz. WG Tortilla Chips - 1 oz. Corn - 1/2 cup (FZ) Watermelon - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>20 Turkey & WG Noodles - 1/2 c. Broccoli & Cheese - ½ cup (FZ) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>

Kitchen Closed December 23rd - January 3rd

