Cold Snack Meals

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

Ages: 6-18

**Friday**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Kitchen Closed** | **6**  **Granola Bar – 1 each**  **Yogurt – 4 oz.**  **Clementine - 1 each (FR)**  **!00% Juice—4.23 fl. oz.** | **7**  **Chicken Salad – 3 oz.**  **WG Crackers – 2 each**  **Banana – 1 each (FR)**  **!00% Juice—4.23 fl. oz.**  **.** | |  |  | | --- | --- | | **8**  **WG Taquitos – 2 each**  **w/ Nacho Cheese**  **Grapes/Berries – ½ cup**  **!00% Juice—4.23 fl. oz.** | **6**  **Meatball Sub—2 oz.**  **WG Bun—1 each**  **Broccoli & Cheese—1/2 cup (FZ)**  **Pineapple – 4 oz. (FR)**  **Skim Milk—8 fl. oz.** | | |  |  | | --- | --- | | **9**  **Lunchable – 1 each**  **Pineapple Cup – 1 each**  **!00% Juice—4.23 fl. oz.** | **6**  **Meatball Sub—2 oz.**  **WG Bun—1 each**  **Broccoli & Cheese—1/2 cup (FZ)**  **Pineapple – 4 oz. (FR)**  **Skim Milk—8 fl. oz.** | |
| **12**  **Mini Corndogs – 4 each**  **WG Cheezeits – 1 oz.**  **Clementine – 1 each**  **!00% Juice—4.23 fl. oz.** | **13**  **Pizza – 1 each**  **WG Pretzels – 1 oz.**  **Grapes/Berries – ½ cup (FR)**  **!00% Juice—4.23 fl. oz.** | **14**  **Salad w/ Ranch**  **Turkey/ Cheese – 3 oz.**  **Mixed Salad – 1 cup**  **Banana – 1 each**  **!00% Juice—4.23 fl. oz.** | **15**  **Grilled Chicken Sandwich**  **w/ BBQ Sauce**  **Grilled Chicken – 3 oz.**  **WG Bun – 1 each**  **WG Goldfish – 1 oz.**  **Apple – 1 each**  **!00% Juice—4.23 fl. oz.** | **16**  **Lunchable - 1 each**  **Nectarine – 1 each**  **!00% Juice—4.23 fl. oz.** |
| **19**  **Chicken Nuggets**  **w/ BBQ Sauce**  **WG Goldfish – 1 oz.**  **Apple – 1 each**  **!00% Juice—4.23 fl. oz.** | **20**  **Bagel w/ Cream Cheese – 1 each**  **Yogurt – 4 oz.**  **Grapes/Berries – ½ cup (FR)**  **!00% Juice—4.23 fl. oz.** | **21**  **Lunchable – 1 each**  **Mandarin Orange – 1 each (FR)**  **!00% Juice—4.23 fl. oz.** | **22**  **Pancake Wraps – 4 each**  **w/ syrup**  **WG Muffin – 1 each**  **Apple – 1 each (FR)**  **!00% Juice—4.23 fl. oz.** | **23**  **Turkey & Cheese Sandwich**  **Turkey & Cheese – 3 oz.**  **WG Bread – 2 each**  **Clementine – 1 each**  **!00% Juice—4.23 fl. oz.** |
| **26**  **Mini Corndogs – 4 each**  **WG Cheezeits – 1 oz.**  **Clementine – 1 each**  **!00% Juice—4.23 fl. oz.** | **27**  **Pizza – 1 each**  **WG Pretzels – 1 oz.**  **Grapes/Berries – ½ cup**  **!00% Juice—4.23 fl. oz.** | **28**  **Nachos**  **Nacho Cheese – 2 oz.**  **Salsa – 2 oz.**  **WG Tortilla Chips – 1 oz.**  **Nectarine – 1 each (FR)**  **!00% Juice—4.23 fl. oz.** | **29**  **Turkey Wrap**  **Turkey & Cheese - 3 oz**  **WG Tortilla – 1 each**  **WG Goldfish – 1 oz.**  **Apple – 1 each (FR)**  **!00% Juice—4.23 fl. oz.** | **30**  **Lunchable – 1 each**  **Mandarin Orange Cup – 1 ea.**  **!00% Juice—4.23 fl. oz.** |