

<p>2 Sweet N Sour Chicken—3 oz. WG Brown Rice—1/2 cup Garden Salad—1 cup (FR) Grapes—1/2 cup (FR) Skim Milk—8 fl. oz.</p>	<p>3 Spaghetti w/ Meatsauce—4 oz. (WG) WG Honey Roll—1 each Steamed Mixed Veggies—1/2 cup (FZ) Banana—1 each (FR) Skim Milk—8 fl. oz.</p>	<p>4 Chicken Cordon Bleu Bake—4 oz. (WG) Garlic Bread—1 slice Baby Carrots w/ Ranch—1/2 cup (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>5 Chicken Queso—4 oz. WG Tortilla Chips—1 oz. Corn—1/2 cup (FZ) Watermelon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>6 Stuffed Chicken—2 oz. WG Pasta Salad—3 oz. Broccoli Casserole—1/2 cup (FZ) Grapes—1/2 cup (FR) Skim Milk—8 fl. oz.</p>
<p>9 Beef Nachos—3 oz. WG Tortilla Chips—1 oz. Lettuce/Tomato Salad—1 cup (FR) Orange—1 each (FR) Skim Milk—8 fl. oz.</p>	<p>10 Beef Fajitas—4 oz. WG Tortilla—1 each Garden Salad—1 cup (FR) Sliced Melon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>11 Chicken N Noodles—4 oz. WG Honey Roll—1 each Green Beans—1/2 cup (FZ) Watermelon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>12 Chicken Parm Bake—4 oz. WG Honey Roll—1 each Steamed Veggies—1/2 cup (FR) Fruit Cocktail—1/2 cup (CN) Skim Milk—8 fl. oz.</p>	<p>13 Philly Cheese Steak—2 oz. Wheat Bun—1 each Broccoli w/ Ranch—1/2 cup (FR) Peaches—1/2 cup (CN) Skim Milk—8 fl. oz.</p>
<p>16 Pulled BBQ Chicken—2 oz. Whole Wheat Bun—1 each Roasted Potatoes—1/2 cup (FR) Apple—1 each (FR) Skim Milk—8 fl. oz.</p>	<p>17 Chicken Soft Tacos—2 oz. WG Tortilla—1 serving Lettuce/Tomato Salad—1/2 cup (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>18 Beef & Noodles—4 oz. (WG) Garlic Bread—1 slice Corn on the Cob—4 oz. (FZ) Sliced Melon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>19 Chicken Alfredo—4 oz. (WG) Garlic Bread—1 each Garden Salad—1 cup (FR) Watermelon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>20 Grilled Chicken—2 oz. WG Honey Roll—1 each Garden Salad—1 cup (FR) Grapes—1/2 cup (FR) Skim Milk—8 fl. oz.</p>
<p>23 Meatball Sub—2 oz. Whole Wheat Bun—1 each Baby Carrots w/ Ranch—1/2 cup (FR) Peaches—1/2 cup (FZ) Skim Milk—8 fl. oz.</p>	<p>24 BBQ Chicken—2 oz. WG Honey Roll—1 each Green Beans—1/2 cup (FZ) Baked Apples—1/2 cup (CN) Skim Milk—8 fl. oz.</p>	<p>25 Chicken Queso—4 oz. WG Tortilla Chips—1 oz. Corn—1/2 cup (FZ) Sliced Melon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>26 BBQ Beef—3 oz. Whole Wheat Bun—1 each Baked Beans—1/2 cup (CN) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>27 Baked Spaghetti—4 oz. (WG) Garlic Bread—1 each Garden Salad—1 cup (FR) Watermelon—4 oz. (FR) Skim Milk—8 fl. oz.</p>
<p>30 Fried Chicken—3 oz. WG Mac N Cheese—3 oz. Cherry Tomatoes—1/2 c. (FR) Applesauce—1/2 cup (CN) Skim Milk—8 fl. oz.</p>				

