


Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Spaghetti with Meat Sauce – 4 oz. WG Honey Roll – 1 each Steamed Mixed Veggies – 4 oz. (FZ) Strawberries – 4 oz. (FR) Skim Milk – 8 fl. Oz.</p>	<p>2 Chicken Cordon Bleu Bake – 4 oz. Garlic Bread – 1 each Baby Carrots – ½ cup (FR) Sliced Pineapple – 4 oz. (FR) Skim Milk – 8 fl. oz.</p>	<p>3 Chicken n Cheese Queso – 4 oz Tortilla Chips – 1 oz. Corn – ½ c (FZ) Watermelon – 4 oz. (FR) Skim Milk – 8 fl. oz.</p>	<p>4 Stuffed Chicken – 4 oz. Brown Rice – 4 oz. Broccoli Casserole – 4 oz. (FZ) Grapes – 3 oz. (FR) Skim Milk – 8 fl. oz.</p>
<p>7 Beef Nachos – 3 oz. Tortilla Chips – 1 oz. Lettuce & Tomato Salad – ½ c (FR) Orange – 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>8 Beef Fajitas – 4 oz. WG Tortilla – 1 each Garden Salad – ½ c (FR) Cantaloupe – 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>9 Chicken and Noodles – 4 oz. WG Honey Roll – 1 each Green Beans – ½ c (FZ) Watermelon – 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>10 Chicken Parm Bake – 4 oz. WG Honey Roll – 1 each Steamed Italian Veggies – ½ c (FZ) Fruit Cocktail – ½ c (CN) Skim Milk—8 fl. oz.</p>	<p>11 Philly Cheese Sub – 4 oz. WG Bun – 1 each Broccoli – ½ c (FR) Peaches – ½ c (CN) Skim Milk—8 fl. oz.</p>
<p>14 BBQ Chicken Sandwich – 4 oz. WG Bun – 1 each Roasted Potatoes – ½ c (FR) Apple – 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>15 Chicken Soft Taco – 4 oz. WG Tortilla – 2 each Lettuce & Tomato Salad – ½ c (FR) Pineapple – 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>16 Chicken Alfredo – 4 oz. Garlic Bread – 1 each Garden Salad – ½ c (FR) Watermelon – 4 oz (FR) Skim Milk—8 fl. oz.</p>	<p>17 Beef and Noodles – 4 oz. Garlic Bread – 1 each Corn on the Cob – 4 oz. (FZ) Cantaloupe – 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>18 Grilled Chicken Salad Grilled Chicken – 3 oz. WG Honey Roll – 1 each Garden Salad – ½ c (FR) Grapes – 3 oz. (FR) Skim Milk—8 fl. oz.</p>
<p>21 Meatball Sub – 2 oz. WG Bun – 1 each Baby Carrots – ½ c (FR) Peaches – ½ c (CN) Skim Milk – 8 fl. oz.</p>	<p>22 BBQ Chicken – 3 oz. WG Honey Roll – 1 each Green Beans – ½ c (FZ) Baked Apples – ½ c (FR) Skim Milk – 8 fl. oz.</p>	<p>23 Chicken n Cheese Queso – 4 oz. Tortilla Chips – 1 oz. Corn – ½ c (FZ) Cantaloupe – 4 oz. (FR) Skim Milk – 8 fl. oz.</p>	<p>24 BBQ Beef – 3 oz. WG Bun – 1 each Baked Beans – ½ c (CN) Pineapple – 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>25 Baked Spaghetti – 4 oz. Garlic Bread – 1 each Garden Salad – ½ c (FR) Watermelon – 4 oz. (FR) Skim Milk – 8 fl. oz.</p>
<p>28 Fried Chicken – 3 oz. Mac & Cheese – 3 oz. Cherry Tomatoes – ½ c (FR) Applesauce – ½ c (CN) Skim Milk – 8 fl. oz.</p>	<p>29 Grilled Chicken Lasagna – 4 oz. Garlic Bread – 1 each Steamed Mixed Veggies – ½ c (FZ) Fruit Cocktail – ½ c (CN) Skim Milk – 8 fl. Oz.</p>	<p>30 Beef Tacos – 3 oz. WG Flour Tortilla – 2 each Lettuce & Tomato salad – ½ c (FR) Banana – 1 each (FR) Skim Milk – 8 fl. Oz.</p>	<p>31 Cheeseburger Casserole – 4 oz Garlic Bread – 1 each Green Beans – ½ c (FZ) Orange – 1 each (FR) Skim Milk – 8 fl. Oz.</p>	