

Dare to Care
Summer Snack Program Menu

Monday

Turkey Ham (2oz) Sandwich
Wheat Bread (two 1oz slices)
Goldfish Crackers (.75oz bag)
Fresh Apple Slices (2oz)
Capri Sun Juice (6oz)

Tuesday

Roast Turkey (2oz) Sandwich
Wheat Bread (two 1oz slices)
Fresh Carrot with Ranch Dipping Cup (2.25oz)
Fruit Rollup (.5oz)
Capri Sun Juice(6oz)

Wednesday

Grilled Chicken Nuggets (4 each – 2.6 oz.)
Cinnamon Grahams(1.1oz)
Naval Orange Quarter(1/4 of 114 count fresh orange)
Capri Sun Juice (6oz)

Thursday

Roast Turkey(1.25oz) & Cheese(.75oz) Wrap
Wrap(8in wrap)
Cheezit Crackers(.75oz)
Strawberry Gogurt (2.25oz)
Capri Sun Juice(6oz)

Friday

Grilled Chicken (2.8oz) Sandwich
Wheat Bun (1 each)
Potato Chips(.75oz)
Applesauce Cup(4oz)
Capri Sun Juice (6oz)