

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 BBQ Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - 1/2 cup (FZ) Peaches - 1/2 cup (CN) Skim Milk - 8 fl. oz.</p>	<p>4 Beef Soft Tacos - 3 oz. WG Tortilla - 1 serving Lettuce/Tomato Salad - 1/2 cup (FR) Pineapple - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>5 Fried Chicken - 3 oz. Mac N Cheese - 3 oz. Corn - 1/2 c. (FZ) Grapes - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>6 Beef Nacho's - 3 oz. Tortilla Chips - 1 oz. Lettuce/Tomato Salad - 1/2 cup (FR) Sliced Cantaloupe - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>7 Cheeseburger - 2 oz. WG Bun - 1 each Potato Wedges - 1/2 cup (FR) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>
<p>10 Beef Tacos - 3 oz. WG Taco Shells - 2 each Lettuce/Tomato Salad - 1/2 cup (FR) Orange - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>11 Buffalo Chicken Enchilada Dip - 1/2 cup WG Tortilla Chips - 1 oz Corn Salad - 1/2 cup (FZ) Sliced Cantaloupe - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>12 Chicken Chili - 4 oz. WG Breadstick - 1 each Mixed Salad - 1/2 cup (FR) Grapes - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>13 Chicken Soft Tacos - 3 oz. WG Tortilla - 2 each Lettuce/Tomato Salad - 1/2 cup (FR) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>14 Philly Cheesesteak - 3 oz. WG Bun - 1 each Potato Wedges - 1/2 cup (FR) Sliced Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p> <p style="text-align: right; color: red; font-style: italic;">HAPPY Valentine's DAY</p>
<p>17 Buffalo Chicken Sandwich - 2 oz. WG Wheat Bun - 1 each Potato Wedges - 1/2 cup (FR) Grapes - 1/2 cup. (FR) Skim Milk - 8 fl. oz.</p>	<p>18 Beef Chili Mac (WG) - 1/2 cup Saltine Crackers - 6 each Baked Potato - 1 each (FR) Sliced Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>19 Chicken Queso - 4 oz. WG Tortilla Chips - 1 oz. Corn - 1/2 cup (FZ) Sliced Melon - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>20 Lemon Pepper Chicken - 1 thigh WG Brown Rice - 1/2 cup Garden Salad - 1/2 Cup (FR) Banana - 1 Each (FR) Skim Milk - 8 fl. oz.</p>	<p>21 Spaghetti Beef Meat Sauce - 3 oz WG Noodles - 1 oz. Broccoli & Cheese - 1/2 cup (FZ) Sliced Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>
<p>24 BBQ Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - 1/2 cup (FZ) Peaches - 1/2 cup (CN) Skim Milk - 8 fl. oz.</p>	<p>25 Beef Soft Tacos - 3 oz. WG Tortilla - 1 serving Lettuce/Tomato Salad - 1/2 cup (FR) Pineapple - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>26 Fried Chicken - 3 oz. Mac N Cheese - 3 oz. Corn - 1/2 c. (FZ) Grapes - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>27 Beef Nacho's - 3 oz. Tortilla Chips - 1 oz. Lettuce/Tomato Salad - 1/2 cup (FR) Sliced Cantaloupe - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>28 Cheeseburger - 2 oz. WG Bun - 1 each Potato Wedges - 1/2 cup (FR) Sliced Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>

