


Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Meat Lasagna – 4 oz. WG Honey Roll – 1 each Garden Salad – ½ cup (FR) Fruit Cocktail – ½ cup (CN) Skim Milk – 8 fl. oz.</p>		<p>5 Chicken Soft Tacos -2 oz. WG Tortilla – 1 each Tomato/Lettuce Salad – ½ c (FR) Orange – 1 each (FR) Skim Milk – 8 fl. oz.</p>	<p>6 Fried Chicken – 3 oz. Mac n Cheese – 3 oz. Chery Tomatoes – ½ c (FR) Banana – 1 each (FR) Skim Milk – 8 fl. oz.</p>	<p>7 Chicken Queso – 4 oz. Tortilla Chips – 1 oz. Corn – ½ c (FZ) Cantaloupe – ½ c (FR) Skim Milk – 8 fl. oz.</p>
<p>10 Beef Sloppy Joeys – 3 oz. WG Wheat Bun – 1 each Roasted Potatoes – ½ c (FR) Plum – 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>11 Beef Nachos—3 oz. Tortilla Chips—1 oz. Lettuce &amp; Tomato Salad— ½ c (FR) Banana – 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>12 Cheeseburger—2 oz. WG Bun—1 each Garden Salad— ½ c.(FR) Strawberries— ½ c. (FR) Skim Milk—8 fl. oz.</p>	<p>13 BBO Chicken—1 thigh WG Honey Roll—1 each Green Beans— ½ c (FZ) Watermelon-4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>14 Meatball Sub—2 oz. WG Bun—1 each Baby Carrots— ½ c (FR) Fresh Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>
<p>17 Baked Chicken—1 thigh WG Honey Roll—1 each Green Beans— ½ c.(FZ) Mandarin Oranges— ½ c (CN) Skim Milk—8 fl. oz.</p>	<p>18 Beef Fajitas—4 oz. WG Tortilla—1 each Garden Salad— ½ c. (FR) Apple—1 each (FR) Skim Milk—8 fl. oz.</p>	<p>19 Fried Chicken – 3 oz. Pasta Salad – 3 oz. Corn– ½ c. (FZ) Plum – 4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>20 Grilled Chicken Lasagna—6 oz. WG Honey Roll—1 each Garden Salad— ½ c (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>21 Beef Nachos—3 oz. Tortilla Chips—1 oz. Lettuce/Tomato Salad- ½ c (FR) Cantaloupe— 4 oz. (FR) Skim Milk—8 fl. oz.</p>
<p>24 BBQ Beef – 3 oz. WG Wheat Bun – 1 each Corn on the Cob – 4 oz. (FZ) Peaches – ½ c (CN) Skim Milk – 8 fl. oz.</p>	<p>25 Orange Glazed Chicken – 1 thigh WG Honey Roll – 1 each Green Beans – ½ c (FZ) Fresh Pineapple – 4 oz. (FR) Skim Milk – 8 fl. oz.</p>	<p>26 Baked Spaghetti – 4 oz. WG Honey Roll – 1 each Cherry Tomatoes – ½ c (FR) Cantaloupe – 4 oz. (FR) Skim Milk – 8 fl. oz.</p>	<p>27 Turkey Hot Dog – 1 each WG Wheat Bun – 1 each Garden Salad – ½ c (FR) Strawberries – ½ c (FR) Skim Milk – 8 fl. oz.</p>	<p>28 Orange Juice - 4 oz. Apple – 1 each Skim Milk – 8 fl. oz.</p>
<p>31 Meat Lasagna – 4 oz. WG Honey Roll – 1 each Garden Salad – ½ cup (FR) Fruit Cocktail – ½ cup (CN) Skim Milk – 8 fl. oz.</p>	