

Monday	Tuesday	Wednesday	Thursday	Friday
<p>11 Beef Sloppy Joeys - 3 oz. WG Wheat Bun - 1 each Roasted Potatoes - 1/2 c (FR) Apple - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>12 Beef Nachos - 3 oz. WG Tortilla Chips - 1 oz. Lettuce &amp; Tomato Salad - 1/2 c (FR) Banana - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>13 BBQ Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - 1/2 c (FZ) Watermelon - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>14 Cheeseburger - 2 oz. WG Bun - 1 each Corn on the Cob - 4 oz. (FZ) Strawberries - 1/2 cup. (FR) Skim Milk - 8 fl. oz.</p>	<p>15 Meatball Sub - 2 oz. WG Bun - 1 each Baby Carrots - 1/2 c (FR) Fresh Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>
<p>18 Baked Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - 1/2 c. (FZ) Mandarin Oranges - 1/2 c (CN) Skim Milk - 8 fl. oz.</p>	<p>19 Beef Fajitas - 4 oz. WG Tortilla - 1 each Garden Salad - 1/2 c. (FR) Apple - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>20 Fried Chicken - 3 oz. WG Pasta Salad - 3 oz. Corn - 1/2 c. (FZ) Banana - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>21 Grilled Chicken Lasagna - 4 oz. WG Honey Roll - 1 each Garden Salad - 1/2 c (FR) Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>22 Beef Nachos - 3 oz. WG Tortilla Chips - 1 oz. Lettuce/Tomato Salad - 1/2 c (FR) Grapes - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>
<p>25 BBQ Beef - 3 oz. WG Wheat Bun - 1 each Corn on the Cob - 4 oz. (FZ) Orange - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>26 Orange Glazed Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - 1/2 c (FZ) Fresh Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>	<p>27 Baked Spaghetti - 4 oz. WG Honey Roll - 1 each Cherry Tomatoes - 1/2 c (FR) Grapes - 1/2 cup (FR) Skim Milk - 8 fl. oz.</p>	<p>28 Turkey Hot Dog - 1 each WG Wheat Bun - 1 each Garden Salad - 1/2 c. (FR) Strawberries - 1/2 c. (FR) Skim Milk - 8 fl. oz.</p>	<p>29 Grilled Chicken Salad Grilled Chicken - 3 oz. WG Honey Roll - 1 each Garden Salad - 1/2 c. (FR) Watermelon - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>

