


Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 Beef Tacos—3 oz. WG Taco Shells—2 each Lettuce/Tomato Salad—1/2 cup (FR) Orange - 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>3 Buffalo Chicken Enchilada Dip—1/2 cup WG Tortilla Chips—1 oz Corn Salad—1/2 cup (FZ) Sliced Cantaloupe—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>4 Chicken Chili - 4 oz. WG Breadstick—1 each Mixed Salad—1/2 cup (FR) Grapes - 1/2 cup (FR) Skim Milk—8 fl. oz.</p>	<p>5 Chicken Soft Tacos—3 oz. WG Tortilla—2 each Lettuce/Tomato Salad—1/2 cup (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>6 Philly Cheese Sub 2 oz. Wheat Bun - 1 each Roasted Potatoes - 1/2 cup (FR) Pineapple Slice - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>
<p>9 Buffalo Chicken Sandwich - 2 oz. WG Wheat Bun - 1 each Potato Wedges - 1/2 cup (FR) Grapes - 1/2 cup. (FR) Skim Milk—8 fl. oz.</p>	<p>10 Beef Chili Mac (WG) - 1/2 cup Saltine Crackers - 6 each Baked Potato—1 each (FR) Sliced Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>11 Chicken Queso—4 oz. WG Tortilla Chips—1 oz. Corn—1/2 cup (FZ) Sliced Melon—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>12 Lemon Pepper Chicken - 1 thigh WG Brown Rice - 1/2 cup Garden Salad - 1/2 cup (FR) Banana - 1 Each (FR) Skim Milk - 8 fl. oz.</p>	<p>13 Spaghetti Beef Meat Sauce - 3 oz WG Noodles - 1 oz. Broccoli &amp; Cheese - 1/2 cup (FZ) Sliced Pineapple - 4 oz. (FR) Skim Milk - 8 fl. oz</p>
<p>16 BBQ Chicken - 1 thigh WG Honey Roll - 1 each Green Beans - 1/2 cup (FZ) Peaches - 1/2 cup (CN) Skim Milk - 8 fl. oz.</p>	<p>17 Beef Soft Tacos—3 oz. WG Tortilla—2 each Lettuce/Tomato Salad—1/2 cup (FR) Pineapple—1/2 cup (FR) Skim Milk—8 fl. oz.</p>	<p>18 Fried Chicken - 3 oz. Mac N Cheese - 3 oz. Corn - 1/2 c. (FZ) Grapes - 1/2 cup (FR) Skim Milk—8 fl. oz.</p>	<p>19 Beef Nacho's - 3 oz. Tortilla Chips - 1 oz. Lettuce/Tomato Salad - 1/2 cup (FR) Sliced Cantaloupe - 1 each (FR) Skim Milk - 8 fl. oz.</p>	<p>20 Cheeseburger—2 oz. WG Bun—1 each Potato Wedges—1/2 cup (FR) Sliced Pineapple - 4 oz. (FR) Skim Milk—8 fl. oz.</p>
<p>23 Beef Tacos—3 oz. WG Taco Shells—2 each Lettuce/Tomato Salad—1/2 cup (FR) Orange - 1 each (FR) Skim Milk—8 fl. oz.</p>	<p>24 Buffalo Chicken Enchilada Dip—1/2 cup WG Tortilla Chips—1 oz Corn Salad—1/2 cup (FZ) Sliced Cantaloupe—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>25 Chicken Chili - 4 oz. WG Breadstick—1 each Mixed Salad—1/2 cup (FR) Grapes - 1/2 cup (FR) Skim Milk—8 fl. oz.</p>	<p>26 Chicken Soft Tacos—3 oz. WG Tortilla—2 each Lettuce/Tomato Salad—1/2 cup (FR) Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>	<p>27 Turkey &amp; Cheese - 2 oz. Wheat bun - 1 each Garden Salad w/ Ranch- 1/2 c. (FR) Pineapple Slice - 4 oz. (FR) Skim Milk - 8 fl. oz.</p>
<p>30 Buffalo Chicken Sandwich - 2 oz. WG Wheat Bun - 1 each Potato Wedges - 1/2 cup (FR) Grapes - 1/2 cup. (FR) Skim Milk—8 fl. oz.</p>	<p>31 Beef Chili Mac (WG) - 1/2 cup Saltine Crackers - 6 each Baked Potato—1 each (FR) Sliced Pineapple—4 oz. (FR) Skim Milk—8 fl. oz.</p>			

Lunch Dinner Menu - Ages 6-18