


Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Chicken Queso—4 oz. Tortilla Chíps—1 oz Corn—1/2 cup (FZ) Orange—1 each (FR) Skím Milk—8 fl. oz.</p>	<p>2 Orange Chicken—2 oz. WG Roll—1 serving Green Beans—4 oz. (FZ) Pineapple—4 oz. (FR) Skím Milk—8 fl. oz.</p>	<p>3 Baked Spaghetti - 4 oz. WG Roll—1 each Garden Salad—1/2 cup (FR) Grapes—1/2 cup (FR) Skím Milk—8 fl. oz.</p>		<p>5 Grilled Chicken Salad - chicken 2 oz., salad 1/2 cup (FR) WG Breadstick—1 each Watermelon—1/2 cup (FR) Skím Milk—8 fl. oz.</p>
<p>8 Pulled BBQ Chicken—2 oz. Wheat Bun—1 serving Roasted Potatoes—1/2 cup (FR) Apple—1 each (FR) Skím Milk—8 fl. oz.</p>	<p>9 Meat Lasagna - 8 oz. WG Roll—1 each Garden Salad—1/2 cup (FR) Strawberries—1/2 cup (FR) Skím Milk—8 fl. oz.</p>	<p>10 Chicken Soft Tacos - 2 oz. WG Tortilla - 2 each Tomato/Lettuce- 1/2 cup (FR) Orange - 1 each Skím Milk - 8 fl. oz.</p>	<p>11 Fried Chicken - 3 oz. Mac n Cheese - 3 oz. Banana - 1 each (FR) Watermelon - 4 oz. (FR) Skím Milk—8 fl. oz</p>	<p>12 Philly Cheesesteak—2 oz. WG Sub—1 each Corn on the Cob—1 each (FZ) Cantaloupe—4 oz (FR) Skím Milk—8 fl. oz</p>
<p>15 Buffalo Chicken - 2 oz. WG Wheat Bun - 1 each Roasted Potatoes - 1/2 c (FR) Orange- 1 each (FR) Skím Milk—8 fl. oz.</p>	<p>16 Beef Nachos—3 oz. WG Tortilla Chíps—1 oz. Lettuce & Tomato Salad— 1/2 c (FR) Pineapple - 4 oz. (FR) Skím Milk—8 fl. oz.</p>	<p>17 BBQ Chicken—1 thigh WG Honey Roll—1 each Green Beans— 1/2 c (FZ) Strawberries—1/2 cup. (FR) Skím Milk—8 fl. oz.</p>	<p>18 Cheeseburger—2 oz. WG Bun—1 each Garden Salad—1/2 cup (FR) Watermelon - 4 oz. (FR) Skím Milk—8 fl. oz.</p>	<p>19 Meatball Sub—2 oz. WG Bun—1 each Banana— 1 each (FR) Fresh Pineapple—4 oz. (FR) Skím Milk—8 fl. oz.</p>
<p>22 Baked Chicken—1 thigh WG Honey Roll—1 each Green Beans— 1/2 cup (FZ) Mandarin Oranges— 1/2 c (CN) Skím Milk—8 fl. oz.</p>	<p>23 Beef Fajitas—4 oz. WG Tortilla—1 each Garden Salad— 1/2 c. (FR) Apple—1 each (FR) Skím Milk—8 fl. oz.</p>	<p>24 Fried Chicken - 3 oz. WG Pasta Salad - 3 oz. Corn - 1/2 c. (FZ) Cantaloupe - 4 oz. (FR) Skím Milk—8 fl. oz.</p>	<p>25 Grilled Chicken Lasagna—4 oz. WG Honey Roll—1 each Garden Salad— 1/2 c (FR) Pineapple—4 oz. (FR) Skím Milk—8 fl. oz.</p>	<p>26 Beef Nachos—3 oz. WG Tortilla Chíps—1 oz. Watermelon - 4 oz. (FR) Grapes- 1/2 cup (FR) Skím Milk—8 fl. oz.</p>
<p>29 Chicken Queso—4 oz. Tortilla Chíps—1 oz Corn—1/2 cup (FZ) Orange—1 each (FR) Skím Milk—8 fl. oz.</p>	<p>30 Orange Chicken—2 oz. WG Roll—1 serving Green Beans—4 oz. (FZ) Pineapple—4 oz. (FR) Skím Milk—8 fl. oz.</p>	<p>31 Baked Spaghetti - 4 oz. WG Roll—1 each Garden Salad—1/2 cup (FR) Grapes—1/2 cup (FR) Skím Milk—8 fl. oz.</p>	