

**GRAB and GO Menu**

Grilled Chicken Nuggets - 2.6oz

WG Goldfish Crackers – 1 package

Pineapple Fruit Cup – 4 oz.

Suncup 100% Juice – 4 fl. oz

Skim Milk – 8 fl. oz.

Roast Turkey and Cheese Sandwich – 3 oz

Wheat Bun – 1 each

WG Cheezit Crackers – 1 package

Mandarin Orange Fruit Cup – 4 oz.

Suncup 100% Juice – 4 fl. oz

Skim Milk – 8 fl. oz.

Mini Corndogs – 4 each

WG Goldfish Crackers – 1 package

Apple – 1 each

Suncup 100% Juice – 4 fl. oz

Skim Milk – 8 fl. oz.

Chicken Quesadilla – 1 each

WG Cheezit Crackers – 1 package

Apple – 1 each

Suncup 100% Juice – 4 fl. oz

Skim Milk – 8 fl. oz.

Pizza/Turkey Lunchables – 1 each

WG Pretzels – 1 package

Mandarin Orange Fruit Cup – 4 oz.

Suncup 100% Juice – 4 fl. oz

Skim Milk – 8 fl. oz.