Cold Snack Meals

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

Ages: 6-18

**Friday**

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|  | **1****Chicken Drumstick – 1 each****WG Cheeze-Its – 1 each****Banana – 1 each****!00% Juice—4.23 fl. oz.** | **2****Salad Kit****WG Crackers – 1 oz.****!00% Juice—4.23 fl. oz.****Skim Milk—8 fl. oz.** | **3****Bagel – 1 oz.****Cream Cheese—4 oz.****!00% Juice—4.23 fl. oz.****Clementine – 1 each****Skim Milk—8 fl. oz.** | **4****Lunchable – 1 each****!00% Juice—4.23 fl. oz.****Skim Milk—8 fl. oz.** |
| **7****Chicken Nuggets – 4 each****w/ BBQ Sauce****WG Goldfish – 1 oz.****Apple – 1 each****!00% Juice—4.23 fl. oz.** | **8****Granola Bar – 1 each****Yogurt – 4 oz.****Clementine - 1 each (FR)****!00% Juice—4.23 fl. oz.** | **9****Chicken Salad – 3 oz.****WG Crackers – 2 each****Banana – 1 each (FR)****!00% Juice—4.23 fl. oz.****.** |

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| **10****WG Taquitos – 2 each****w/ Nacho Cheese****Grapes/Berries – ½ cup****!00% Juice—4.23 fl. oz.** | **6****Meatball Sub—2 oz.** **WG Bun—1 each** **Broccoli & Cheese—1/2 cup (FZ)** **Pineapple – 4 oz. (FR)** **Skim Milk—8 fl. oz.** |

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| **11****Lunchable – 1 each****Pineapple Cup – 1 each****!00% Juice—4.23 fl. oz.** | **6****Meatball Sub—2 oz.** **WG Bun—1 each** **Broccoli & Cheese—1/2 cup (FZ)** **Pineapple – 4 oz. (FR)** **Skim Milk—8 fl. oz.** |

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| **14****Mini Corndogs – 4 each****WG Cheezeits – 1 oz.****Clementine – 1 each****!00% Juice—4.23 fl. oz.** | **15****Pizza – 1 each****WG Pretzels – 1 oz.****Grapes/Berries – ½ cup (FR)****!00% Juice—4.23 fl. oz.** | **16****Salad w/ Ranch****Turkey/ Cheese – 3 oz.****Mixed Salad – 1 cup****Banana – 1 each****!00% Juice—4.23 fl. oz.** | **17****Grilled Chicken Sandwich** **w/ BBQ Sauce****Grilled Chicken – 3 oz.****WG Bun – 1 each****WG Goldfish – 1 oz.****Apple – 1 each****!00% Juice—4.23 fl. oz.** | **18****Lunchable - 1 each****Nectarine – 1 each****!00% Juice—4.23 fl. oz.** |
| **21****Chicken Nuggets****w/ BBQ Sauce****WG Goldfish – 1 oz.****Apple – 1 each****!00% Juice—4.23 fl. oz.** | **22****Bagel w/ Cream Cheese – 1 each****Yogurt – 4 oz.****Grapes/Berries – ½ cup (FR)****!00% Juice—4.23 fl. oz.** | **23****Turkey & Cheese Sandwich****Turkey & Cheese – 3 oz.****WG Bread – 2 each****Clementine – 1 each****!00% Juice—4.23 fl. oz.** | **24****Pancake Wraps – 4 each****w/ syrup****WG Muffin – 1 each****Grapes/Berries – ½ cup (FR)****!00% Juice—4.23 fl. oz.** | **25****Lunchable – 1 each****Pineapple Cup – 1 each****!00% Juice—4.23 fl. oz.** |
| **28****Mini Corndogs – 4 each****WG Cheezeits – 1 oz.****Clementine – 1 each****!00% Juice—4.23 fl. oz.** | **29****Pizza – 1 each****WG Pretzels – 1 oz.****Grapes/Berries – ½ cup****!00% Juice—4.23 fl. oz.** | **30****Nachos****Nacho Cheese – 2 oz.****Salsa – 2 oz.****WG Tortilla Chips – 1 oz.****Nectarine – 1 each (FR)****!00% Juice—4.23 fl. oz.** | **1****Turkey Wrap** **Turkey & Cheese - 3 oz** **WG Tortilla – 1 each****WG Goldfish – 1 oz.****Apple – 1 each (FR)****!00% Juice—4.23 fl. oz.** | **2****Lunchable – 1 each****Mandarin Orange Cup – 1 ea.****!00% Juice—4.23 fl. oz.** |