April 22’- July 22’ Rotating Menu

**Monday**

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| **Chicken Salad Sandwich****Chicken salad – 3 oz** **WG Bun-1 each****Baby carrots- 1/2 cup** **Fresh Apple -1 each****Skim Milk – 8 fl. oz.** | **TACO TUESDAY****Beef- 3 oz****WG taco shells- 2 each****CA Blend veg.- 1/2 cup** **Clementine-1 each****Skim Milk – 8 fl oz** | **Boneless Tenders** **Chicken tender – 3 each****Crinkle cut carrots- 1/2 cup** **Grapes- 1/2 cup****WG Roll-1 each****Skim Milk – 8 fl. Oz.** | **Philly Cheese****Cheese - 1 slice (.5 oz)****Chicken – 2 oz** **WG Bun-1 each****Smashed potatoes – ½ cup****Gravy – 1 oz** **Clementine (1 each) or Strawberries (1/2 cup)****Skim Milk – 8 fl. Oz.** | **Beef Pepperoni Calzone** **Calzone – 1 each** **WG crust - included****Fresh Salad (1 cup) OR baby carrots (1/2 cup)** **Banana- 1 each****Skim Milk – 8 fl. Oz.** |
| **Sloppy Joe** **Meat mix – 3 oz****WG Bun- 1 each****Potato Wedges -1/2 cup** **Clementine- 1 each****Skim Milk – 8 fl. Oz.** | **Cheese Stuffed Shells****Cheese Shells – 1 each****Marinara Sauce – 1 oz** **WG Pasta -1/2 cup** **Seasoned carrots - 1/2 cup****Fresh Grapes - 1/2 cup** **Skim Milk – 8 fl. Oz.** | **Beef Stroganoff** **Beef – 3 oz** **WG Noodles - 1/2 cup** **CA Blend- 1/2 cup****Fresh Pineapple ½ cup OR Clementine 1 each** **Skim Milk – 8 fl. Oz.** | **Buffalo Chicken Enchilada Dip****Chicken Dip – 4 oz** **WG Tortilla chips- 11 chips****Seasoned corn- ½ cup** **Banana- 1 each****Skim Milk – 8 fl. Oz.** | **Meat Sauce** **Meat Sauce – 3 oz** **WG Pasta -½ cup****Side salad OR****Seasoned Broccoli- ½ cup** **Fresh Apple - 1 each****Skim Milk – 8 fl. Oz.** |
| **Meatball Sub Sandwich****Meatballs – 3 each****Marinara Sauce** **Seasoned Broccoli - 1/2 cup****Fresh grapes- 1/2 cups****Skim Milk – 8 fl. Oz.** | **TACO TUESDAY****Chicken – 3 oz** **WG Tortilla– 2 each****CA Blend - ½ cup****Clementine- 1 each****Skim Milk – 8 fl. Oz.** | **Pulled BBQ Beef** **BBQ Beef – 3 oz** **WG Bun-1 each****Baked Beans – 4 oz** **Banana- 1 each****Skim Milk – 8 fl. Oz.** | **Chicken Tenders****Tenders – 3 each** **WG Roll – 1 each** **Smashed Potatoes- ½ cup****Gravy- 1 fl. oz****Apple- 1 each****Skim Milk – 8 fl. oz.** | **Cheeseburger****(1 each)****WG Bun- 1 each****Potato wedges – ½ cup** **Clementine 1 each OR watermelon ½ cup** **Skim Milk – 8 fl. Oz.** |
| **Lemon pepper chicken****Chicken thigh – 1 each****WG Roll – 1 each****Green Beans – ½ cup** **Clementine- 1 each****Skim Milk – 8 fl. oz.** | **Beef Fajitas** **Beef – 3 oz** **WG Tortilla– 2 each****Seasoned Corn – ½ cup** **Banana- 1 each****Skim Milk – 8 fl. oz.** | **Crispy Chicken Sandwich- 1 each****Chicken – 3 oz** **WG Bun- 1 each****Waffle Fries****Apple- 1 each****Skim Milk – 8 fl. oz.** | **Pizza Casserole****Casserole – 4 oz****WG Penne – 4 oz** **WG Breadstick – 1 each****CA Blend Veggies – ½ cup** **Clementine 1 each OR Melon ½ cup****Skim Milk – 8 fl. oz.** | **Chicken Nachos****Chicken – 3 oz** **WG Tortilla chips - 11 chips****Seasoned Broccoli– ½ cup** **Grapes- ½ cup****Skim Milk – 8 fl. oz.** |

**Tuesday**

**Wednesday**

**Thursday**

Ages: 6-18

**Friday**