April 22’- July 22’ Rotating Menu

**Monday**

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| **Chicken Salad Sandwich**  **Chicken salad – 3 oz**  **WG Bun-1 each**  **Baby carrots- 1/2 cup**  **Fresh Apple -1 each**  **Skim Milk – 8 fl. oz.** | **TACO TUESDAY**  **Beef- 3 oz**  **WG taco shells- 2 each**  **CA Blend veg.- 1/2 cup**  **Clementine-1 each**  **Skim Milk – 8 fl oz** | **Boneless Tenders**  **Chicken tender – 3 each**  **Crinkle cut carrots- 1/2 cup**  **Grapes- 1/2 cup**  **WG Roll-1 each**  **Skim Milk – 8 fl. Oz.** | **Philly Cheese**  **Cheese - 1 slice (.5 oz)**  **Chicken – 2 oz**  **WG Bun-1 each**  **Smashed potatoes – ½ cup**  **Gravy – 1 oz**  **Clementine (1 each) or Strawberries (1/2 cup)**  **Skim Milk – 8 fl. Oz.** | **Beef Pepperoni Calzone**  **Calzone – 1 each**  **WG crust - included**  **Fresh Salad (1 cup) OR baby carrots (1/2 cup)**  **Banana- 1 each**  **Skim Milk – 8 fl. Oz.** |
| **Sloppy Joe**  **Meat mix – 3 oz**  **WG Bun- 1 each**  **Potato Wedges -1/2 cup**  **Clementine- 1 each**  **Skim Milk – 8 fl. Oz.** | **Cheese Stuffed Shells**  **Cheese Shells – 1 each**  **Marinara Sauce – 1 oz**  **WG Pasta -1/2 cup**  **Seasoned carrots - 1/2 cup**  **Fresh Grapes - 1/2 cup**  **Skim Milk – 8 fl. Oz.** | **Beef Stroganoff**  **Beef – 3 oz**  **WG Noodles - 1/2 cup**  **CA Blend- 1/2 cup**  **Fresh Pineapple ½ cup OR Clementine 1 each**  **Skim Milk – 8 fl. Oz.** | **Buffalo Chicken Enchilada Dip**  **Chicken Dip – 4 oz**  **WG Tortilla chips- 11 chips**  **Seasoned corn- ½ cup**  **Banana- 1 each**  **Skim Milk – 8 fl. Oz.** | **Meat Sauce**  **Meat Sauce – 3 oz**  **WG Pasta -½ cup**  **Side salad OR**  **Seasoned Broccoli- ½ cup**  **Fresh Apple - 1 each**  **Skim Milk – 8 fl. Oz.** |
| **Meatball Sub Sandwich**  **Meatballs – 3 each**  **Marinara Sauce**  **Seasoned Broccoli - 1/2 cup**  **Fresh grapes- 1/2 cups**  **Skim Milk – 8 fl. Oz.** | **TACO TUESDAY**  **Chicken – 3 oz**  **WG Tortilla– 2 each**  **CA Blend - ½ cup**  **Clementine- 1 each**  **Skim Milk – 8 fl. Oz.** | **Pulled BBQ Beef**  **BBQ Beef – 3 oz**  **WG Bun-1 each**  **Baked Beans – 4 oz**  **Banana- 1 each**  **Skim Milk – 8 fl. Oz.** | **Chicken Tenders**  **Tenders – 3 each**  **WG Roll – 1 each**  **Smashed Potatoes- ½ cup**  **Gravy- 1 fl. oz**  **Apple- 1 each**  **Skim Milk – 8 fl. oz.** | **Cheeseburger**  **(1 each)**  **WG Bun- 1 each**  **Potato wedges – ½ cup**  **Clementine 1 each OR watermelon ½ cup**  **Skim Milk – 8 fl. Oz.** |
| **Lemon pepper chicken**  **Chicken thigh – 1 each**  **WG Roll – 1 each**  **Green Beans – ½ cup**  **Clementine- 1 each**  **Skim Milk – 8 fl. oz.** | **Beef Fajitas**  **Beef – 3 oz**  **WG Tortilla– 2 each**  **Seasoned Corn – ½ cup**  **Banana- 1 each**  **Skim Milk – 8 fl. oz.** | **Crispy Chicken Sandwich- 1 each**  **Chicken – 3 oz**  **WG Bun- 1 each**  **Waffle Fries**  **Apple- 1 each**  **Skim Milk – 8 fl. oz.** | **Pizza Casserole**  **Casserole – 4 oz**  **WG Penne – 4 oz**  **WG Breadstick – 1 each**  **CA Blend Veggies – ½ cup**  **Clementine 1 each OR Melon ½ cup**  **Skim Milk – 8 fl. oz.** | **Chicken Nachos**  **Chicken – 3 oz**  **WG Tortilla chips - 11 chips**  **Seasoned Broccoli– ½ cup**  **Grapes- ½ cup**  **Skim Milk – 8 fl. oz.** |

**Tuesday**

**Wednesday**

**Thursday**

Ages: 6-18

**Friday**