September 22’- December 22’ Rotating Menu

**Monday**

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| **Beef and Cheese Burrito**  **Beef & Cheese Burrito – 1 each**  **WG Mexican Rice – ½ cup**  **Seasoned Corn – ½ cup**  **Fresh Apple – 1 each**  **Skim Milk – 8 fl. oz.** | **Chicken Pot Pie**  **Chicken Pot Pie – ½ cup**  **WG Biscuit – 1 each**  **Green Salad – 1 cup**  **Fresh Plum -1 each**  **Skim Milk – 8 fl oz** | **Baked Beef Spaghetti**  **Beef – 2 oz**  **WG Spaghetti – 2.5 oz**  **Cali Blend Veggies – ½ cup**  **Fresh pineapple - 1/2 cup**  **Skim Milk – 8 fl. Oz.** | **Chicken Pita**  **Chicken Fajita – 2 oz**  **WG Pita-1 each**  **Green Salad – ½ cup**  **Mandarin Fruit Cup**  **Skim Milk – 8 fl. Oz.** | **Skillet Macaroni & Beef**  **Skillet Beef – ½ cup**  **WG Macaroni – ¼ cup**  **Green Salad – 1 cup**  **Fresh Watermelon – ½ cup**  **Skim Milk – 8 fl. Oz.** |
| **BBQ Beef Meatballs**  **Meatballs – 2x 1 oz each**  **WG Twisted Garlic Bread – 1 each**  **Cali Blend Veggies – ½ cup**  **Fresh Apple - 1 each**  **Skim Milk – 8 fl. Oz.** | **Cheese Ravioli lasagna**  **Lasagna – ½ cup**  **WG pasta – ¼ cup**  **Steamed Broccoli – ½ cup**  **Fruit Cup**  **Skim Milk – 8 fl. Oz.** | **Buffalo Chicken Enchilada Dip**  **Dip – ½ cup**  **WG Tortilla chips- 11 chips**  **Cut corn - ½ cup**  **Sliced watermelon – ½ cup**  **Skim Milk – 8 fl. Oz.** | **Cheeseburger**  **Burger – 4 oz**  **WG Bun – 1 each**  **Baked potato – 1 each**  **Sliced Cantaloupe – ½ cup** | **Pumpkin with solid fillStuffed Chicken Breast**  **Chicken with white sauce – 1 each Brown rice – ½ cup**  **8-way garden veg – ½ cup**  **Fresh plum – 1 each**  **Skim Milk – 8 fl. Oz.** |
| **Beef Nachos**  **Beef – ½ cup**  **Tortilla chips – 11 each**  **Seasoned Corn – ½ cup**  **Fresh orange – 1 each**  **Skim Milk – 8 fl. Oz.** | **Cheese Stuffed Pasta Shells**  **Maple Leaf with solid fillShells – 1 each with marinara**  **WG Roll – 1 each**  **CA Blend - ½ cup**  **Bananas - 1 each**  **Skim Milk – 8 fl. Oz.** | **Buffalo Chicken Sandwich**  **Buffalo chicken – 1 each**  **WG Bun-1 each**  **Potato Wedges – ½ cup**  **Grapes – ½ cup**  **Skim Milk – 8 fl. Oz.** | **Pulled BBQ Beef Sandwich**  **BBQ Beef – 2.5 oz**  **WG Bun – 1 each**  **Corn Cobbette – 1 each**  **Plum – 1 each**  **Skim Milk – 8 fl. Oz.** | **Grilled Chicken Salad**  **Chicken – 2 oz**  **WG Roll – 1 each**  **Green Salad – 1 cup**  **Apple – 1 each**  **Skim Milk – 8 fl. Oz.** |
| **Chicken Fajita Soft Tacos**  **Chicken – ½ cup**  **Cheese – ½ oz**  **WG Tortilla – 2 each**  **Fresh Apple – 1 each**  **Skim Milk – 8 fl. oz.** | **Sloppy Joes**  **Sloppy Joes Mix – 2.5 oz**  **WG Bun – 1 each**  **Corn Cobbette – 1 each**  **Sliced Pineapple – ½ cup**  **Skim Milk – 8 fl. oz.** | **Chicken Sandwich w/ American Cheese - 1 each – 3 oz chicken**  **WG Bun- 1 each**  **Potato wedges – ½ cup**  **Sliced Watermelon – ½ cup**  **Skim Milk – 8 fl. oz.** | **Beef Pepperoni Calzone - 1 each**  **WG Crust**  **Green Salad – 1 cup**  **Sliced Cantaloupe – ½ cup**  **Skim Milk – 8 fl. oz.** | **Pulled BBQ Chicken – 3 oz**  **WG Bun – 1 each**  **Kevin’s Famous Baked Beans – ½ cup**  **Rotating Fruit**  **Skim Milk – 8 fl. oz.** |

**Tuesday**

**Wednesday**

**Thursday**

Ages: 6-18

**Friday**