

BLUEBERRY COBBLER

INGREDIENTS

Filling

- 3 cups frozen blueberries
- 3 tablespoons sugar
- ½ cup orange juice
- Cooking spray

Topping

- ⅔ cup flour
- ¼ teaspoon baking powder
- Pinch of salt, optional
- 1/2 cup unsalted butter, softened
- ½ cup sugar
- 1 egg
- ½ teaspoon vanilla extract

DIRECTIONS

- 1. Preheat oven to 375°F.
- 2. Combine blueberries, 3 tablespoons sugar, and orange juice in a bowl. Spray an 8x8 pan with cooking spray and pour in blueberry mixture.
- 3. Combine flour, baking powder, and salt (if using) in a small bowl.
- 4. In a medium bowl, combine butter and sugar, and beat until light and fluffy. Beat in egg and vanilla. Gradually stir in the flour mixture.
- 5. Drop spoonfuls of the topping over the blueberry mixture.
- 6. Bake for 35 to 40 minutes top is golden brown and filling is bubbling.

BLUEBERRY YOGURT POPS

INGREDIENTS

- 1 cup frozen blueberries
- 1 cup **juice** (apple, grape, cherry, cranberry)
- 1 cup yogurt

DIRECTIONS

- 1. Combine all ingredients into a blender and blend on high until smooth.
- 2. Pour mixture into popsicle molds or paper cups with a popsicle stick and freeze for at least 4 hours or overnight.

BLUEBERRY SMOOTHIE

INGREDIENTS

- ½ cup frozen blueberries
- 1 frozen **banana**
- ¼ cup juice (apple, grape, cherry, cranberry)

DIRECTIONS

1. Combine all ingredients into a blender and blend on high until smooth.

Hope starts here.